



Summary of Fine Motor and Visual Motor Skills 3 years to 4 years*

Student: _____ Date: _____
 Teacher: _____ Class: _____
 Student's Date of Birth: _____

Developmental Milestones Listed Chronologically	Age	Yes	No
Makes continuous cuts with child safe scissors	3-0		
Copies horizontal line with pencil and paper	3-0		
Kicks a ball forward 6 feet	3-0		
Builds a tower of 9 cubes	3-0		
Copies a circle	3-0		
Throws a small ball overhand 5-7 feet, with one hand	3-0		
Kicks a ball 10 feet	3-2		
Traces around the edges of basic shape templates	3-3		
Completes simple puzzles	3-3		
Dresses and undresses self without help	3-4		
Uses finger to show age	3-4		
Catches a large ball thrown from 5 feet away	3-5		
Consistently reaches and grasps objects with one hand	3-5		
Makes a fist and wiggles thumb	3-5		
Puts shoes on completely, on correct feet	3-6		
Strings at least 8 half inch beads into simple pattern	3-6		
Grasps pencil with thumb, index, and middle fingers	3-6		
Brushes teeth with horizontal and vertical movements	3-7		
Traces and stays on a 3-inch, pencil thick, horizontal line	3-9		
Cuts a piece of paper in half with scissors on a more or less straight line	3-11		
Begins to copy some vertical/horizontal letters (not diagonals)	3-11		
Throws a small ball underhand 5 feet, hitting a 2-foot square target	3-11		
Buttons and unbuttons quarter-inch buttons	3-11		
Buttons and unbuttons one medium sized button	3-11		

*Adapted from The Beery-Buktenica Developmental Test of Visual-Motor Integration (VMI)