



Summary of Fine Motor and Visual Motor Skills* 4 years to 5 years

Student: _____ Date: _____

Teacher: _____ Class: _____

Student's Date of Birth: _____

Developmental Milestones Listed Chronologically	Age	Yes	No
Draws a person with 3 different body parts	4-0		
Colors mostly within and no more than ¼" outside lines in coloring book	4-0		
Unbuttons 1 or more buttons on own or on doll's clothing	4-0		
Bounces-throws a large ball to a wall, with 2 hands, from a distance of 5 feet	4-0		
Copies a vertical-horizontal cross	4-1		
Brushes teeth with toothpaste without help	4-3		
Colors almost entirely within lines of 4-inch-wide circle	4-3		
Uses a template to draw a simple picture, such as a boat or flower	4-5		
Fastens buttons quite well	4-5		
Rolls dough into ball by rolling between hand and table	4-5		
Touches tip of thumb to each finger	4-6		
Grasps thick marker or large chalk with thumb and pad of index finger; marker rests on third joint of middle finger	4-6		
Grasps pencil with pad of index finger and thumb as pencil rests on third joint of middle finger	4-6		
Copies a square	4-6		
Bounces a ball 2-3 times	4-6		
Catches a bean bag with hands and chest	4-6		
Cuts easy foods with a knife	4-6		
Strings small beads and copies color/shape sequence	4-6		
Screws and unscrews nuts and bolts	4-6		
Brushes teeth quite well	4-7		
Cuts out a big circle with scissors	4-7		
Zips most zippers	4-7		

Developmental Milestones Listed Chronologically	Age	Yes	No
Traces around own hand with a crayon	4-10		
Draws some simple, recognizable objects	4-10		
Moves fingers in fine, localized movements when writing with marker	4-11		
Places key in and opens lock	4-11		
Places a 1-1/4" paper clip on paper	4-11		
Cuts pre-drawn 4-inch square within ¼ inch line	4-11		
Connects a series of dots spaced ½ inch apart to make simple drawings, such as lines, circles, and squares	4-11		
Traces around the edge of a triangle or square template with straight (not wavy) lines	4-11		
Draws, cuts, and makes a collage of easy shapes	4-11		

Adapted from The Beery-Buktenica Developmental Test of Visual-Motor Integration (VMI)